

Programme	Associate Degree in Home Economics	Course Code	HETF-103L	Credit Hours	2(0+2)
Course Title	Fundamentals of Textiles and Clothing (Lab)				
Course Introduction					
The main objective of this course is to learn the basic techniques to construct a complete garment, from a basic neckline to a complete garment. Learn about the application of textile fibers according to their properties.					
Learning Outcomes					
On the completion of the course, the students will:					
1. Construct a complete garment					
2. Handle common textile fabrics and understand its characteristics					
Course Contents					
Week 1	Introduction to sewing machines and its parts				
Week 2	Machine related problems and its solutions,				
Week 3	Sewing terms				
Week 4	Basic sewing procedures: Seam with reference to different fabrics Discussion on Project (Kurta and Churidar Pyjama)				
Week 5	Basic sewing procedures: Seam finishes with reference to different fabrics Measurements of Kurta and its calculations				
Week 6	Construction of necklines with shaped facings Drafting of Kurta				
Week 7	Construction of necklines with bias facings Cutting of Kurta on fabric				
Week 8	Mid Term				
Week 9	Stitching of Kurta				
Week 10	Finishing of Kurta				
Week 11	Attachment of buttons Measurements and Calculation of Churidar Pyjama				
Week 12	Attachment of zippers Marking of Churidar Pyjama				
Week 13	Attachment of snap fasteners Cutting of Churidar Pyjama				
Week 14	Stitching of Churidar Pyjama				
Week 15	Compilation of Portfolio (Basic Stitching Techniques and Weaves)				
Week 16	Final Term				
Text Books and Reading Materials					
Clifford L. B. (2013). The Sewing Machine Master Guide: From Basic to Expert					
Smith & Alison V. (2012). Dressmaking : The Complete Step-by-step Guide to Making Your Own Clothes					
Antonio D. (2023). Fashion Patternmaking Techniques Vol 1.					
Teaching Learning Strategies					
Lecture-based learning through lectures and presentations.					
Group learning through Group presentations.					
Individual learning- through Quizzes and Assessments					